



PUERTO RICAN CONGRESS OF NEW JERSEY

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Chairperson
Executive Director

The Community Food and Nutrition Project of the Puerto Rican Congress has put together the information herein for your benefit and that of your community.

It's of utmost importance to us all as members of the Hispanic Community of New Jersey to know our rights as they pertain to each and every one of us as individuals and as a collective force. In many occasions we fail to succeed only because we lack the necessary knowledge of the correct procedures needed to create the desired impacts on our community and on our representatives in city, county, state, and federal government.

As a member of the P.R.C., I feel an obligation to share with you, all information I have gathered, hoping it will be of use as a guide for community education and growth. There is only one requirement needed in order to understand and be able to wisely use the information herein; you must read it all and share it with others. Only this way will these few pages prove beneficial.

There are four (4) short articles which are self-explanatory.

The first (1) article is on: Holding a Public Hearing; a short introduction is offered followed by the purpose, focus,

format, location of the hearing, and organizing and planning it. A list of different committees and their functions is also available.

The second (2) article is a worksheet on: Monitoring the Media: a short but indepth explanation on who controls the news we hear and read each day, and how we can form "Truth Squads", to counteract those news and issues that affect our daily lives.

The third (3) article: Technical Investigations for People's Signaling: provides you with a list of places where you can find the information sources in your city, region and national levels. This type of information is useful when you or your community has confrontations with landlords, public officials, corporations, etc. In it-self, this is an enlightening article that will help in more ways than one.

The fourth (4) and final article provides you with: Strategies for Fighting the Budget Crisis: in one way or another the other three (3) articles are centered on this last topic. All the different strategies that up to now have worked in the growth and development of social services and community actions are outlined so to provide you with the basic and necessary guideline that are to be followed. You will agree with us that this is valuable information, but information for its own sake is almost nothing unless you make the best use of it, read it, learn it, and help others by sharing it. Today it can be useful, tomorrow will belong to Resurgence.

These articles are part of a vast amount of information that came together at the Mid-Atlantic Training Conference that was held in Washington, D.C. during the month of December 1961. For more information from this conference and other ones, feel free to contact the Food Research and Action Center (FRAC) 1319 F. Street, N.W.-5th Floor, Washington, D.C. 20004, and also please feel free to use our agency, the Puerto Rican Congress, as a source and information center.